How to Accept Insurance Coverage

The University of Nebraska-Lincoln’s student insurance plan is provided by UnitedHealthcare StudentResources. Though international undergraduates on F-1 or J-1 visas are automatically charged for the insurance, students still need to officially accept or waive the insurance. To accept the insurance, follow the steps in this tutorial.
1. Log in to MyRed
2. Click the “Student Accounts” tab.
1. Click “I want my health insurance” to begin the acceptance process.
1. Click “Enroll Now.”
1. Select the month, date, and year of your birth.
2. Type your NUID number.
1. This page displays the dates during which your insurance is valid and the price for the term. If it is correct, click “Next.”
1. Some of your information will automatically show on the screen. Confirm that it is correct.
2. Make sure your email address is correct, and type in your U.S. phone number, if you have one.
1. If you do not have a U.S. permanent address (for example, where your parents or guardians live), click the “Permanent Address is the same as above” button. The system does not permit you to type in a permanent address outside of the U.S.

2. Click “Next.”
1. Click the box to confirm that you are accepting the insurance plan.
1. Type your first and last name(s) to sign the form.

John Doe 01/10/2019
1. When you see this page, you have successfully accepted the insurance. To find more details about your coverage and to download your insurance card, click “Go to MyAccount” and create an online account.